

UVTO Thanks Writer Peggy for Sixteen Years of Service

When Peggy moved into University Village in August of 2007, she was interested in getting to know her fellow residents—all 40 of them. She began meeting subjects of her future profiles at continental breakfast. Knowing when she arrived that she wanted to write, Peggy wrote her first article about boxes, a commonality among all new residents, who were trying to get themselves out of their moving boxes. She offered the point of view that here, there were boxes of opportunities as well. After a while, Peggy realized that she wanted to honor residents who had begun to make this place what it is. Her idea became her signature column: Noteworthy Neighbors. She has completed her final Noteworthy Neighbor this month.

Deep appreciation for her extended contribution is easy to tap at University Village. Some representative voices follow.

– Nancy B.

“For more than 12 years, if there was a *Village View*, there was a *Noteworthy Neighbor*, courtesy of Peggy’s many bon mots.

Her mini bios sparkled with enthusiasm as she introduced our neighbors’ careers, hobbies, talents, travels and special interests. Thanks, Peggy, for your ardent commitment to welcoming residents into the UVTO community. There will always be a blank page in the *Village View* for you, our talented doyenne.”

– Barbara W.

“During my 14 years at UVTO, Peggy has been a consistent contributor to the community.

Our most significant interaction involved my role in supporting the Life Celebration Committee with photos of deceased residents. During that time, Peggy wrote tributes about them for the annual Celebration of Life program. The tributes were always well written and often provided backgrounds that left me thinking about how fascinating it would have been to talk to those residents about their adventures.

Peggy’s “Noteworthy Neighbor” column was a “must read” every month. I was honored to be included one time when the subject was resident photographers.”

– Frank B.

“In my almost 10 years here, I have enjoyed and looked forward to reading Peggy’s articles in the *Village View*.

Her dedication and commitment to the job is more than most people recognize.”

– Nedra G.

Peggy, please accept our heartfelt thanks.

“As we reflect on the past and look to the future of our community, there are a handful of residents who are responsible for initially shaping and forever solidifying the wonderful culture of University Village and OakView. Peggy is among these select original residents who has always strived to create the best possible environment for fellow residents by serving on multiple committees and being a loyal contributor to the *Village View* and *University Update*. We are forever grateful to Peggy for her contributions, which inspired a new generation of residents to follow her lead and carry on the tradition of volunteering and giving back to the community we all love!”

– Dmitry Estrin, Executive Director

“Soon after relocating to University Village, my wife and I visited Emmanuel Presbyterian in Thousand Oaks, where we were greeted warmly by Hal as Peggy spoke with someone else in the background. I recall that Hal made it clear that he and Peggy had met at UVTO and had a ‘very meaningful’ relationship as they both had spouses suffering from dementia in nearby facilities. Peggy joined the conversation in a few moments and from then on, we all had numerous dinners together in the Avalon dining room.

I agree with Dmitry’s observation that Peggy was a culture-creator here, developing the *Noteworthy Neighbors* back page feature of *Village View* and helping countless residents with tributes. She became the community’s writer, a role which was nourishing to her sense of self.”

– Jay L.



Village View



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A Thankful Start to the New Year

Thank you for your generous donations to the Employee Appreciation Fund in 2023

As always, no words can describe the gratitude I feel from the generous gift you’ve bestowed. ‘Tis such a blessing and I thank you from the bottom of my heart. This gift in turn will allow me to bless my loved ones.

– Jasmine, Resident Health Services

It is truly an honor to be part of this incredible community and surrounded by such generous individuals! I thank you all for this wonderful gift and wish you a happy new year!

– Rachel, Activities

I am so thankful for your generous contributions to the E.A.F. each year. It really makes the holiday season that much brighter for all of us. Wishing a very happy holidays and a wonderful and healthy New Year to all of my extended family here at UVTO!

– Kristy, Activities

Thank you so much for your generosity and all your efforts to break a record for the EAF this year! It has made such a huge difference to all of us and our families this holiday season.

Happy holidays!

– Edgar, Marketing

I kindly thank you for all the contributions you have made to the employee appreciation fund. I greatly appreciate the check I received as I just recently got into Professional Medical Careers institute in Westlake where I will be getting my CNA license. I have to pay for schooling all by myself so the check I received will be a big help with paying for my tuition.

Once again thank you all so much!

– Heather, Food & Beverage

Thank you for your kindness and generosity. It was a very thoughtful gift. I want to wish everyone a very special holiday season and a beautiful New Year! I hope it is full of joy and good times with family and friends.

– Cassie, Resident Health Services

Your generosity has touched our hearts, and we are incredibly grateful for your kindness. Your gift has made a significant impact on our life, and we will never forget your thoughtfulness. Thank you so much for your generosity. Your gift has brightened our day and made us feel so very special.

– Jan and Marie, Reception

Weekly Activities		JANUARY 2024 MONTHLY ACTIVITIES AND SPECIAL EVENTS						
Sun	Open Art Studio - All Day (AC) 2:00 Social Bridge (LR)	Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Monday	7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 10:30 Mobility & Strengthening with Chris (CH) 12:15 Balance I (CH) 1:00 Balance II (CH)	Key Classes Clubs Committees Excursions Fitness/Wellness Games Recurring Events Sign-up Required Special Events Spiritual UVTO Community	1 HAPPY New Year 2024	2 No Techie Classes w/ Pat Today 10:00 An Evening with Elvis Signup (AW) 10:00 Food & Beverage Committee (LR) 2:00 Tudors to Stuarts Lecture Series (BR) 4:45 Getting to Know You Dinner (ADR)	3 10:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00 Whiffenpoofs Signup (AW) 10:00 Improv Class with John (BR) 11:00 Bible Study (LR) 2:30 Photo Club Presentation (CH) 	4 9:00 Bird Watchers' Walk (See Flyer) 9:30 Wood Crafting Class (AC) 11:00 Point of View (BR) 12:00 Beginning Spanish Class (BD) 1:00 Watercolor Art Class (AC) 3:00 Photography for Artistic Intent with Joe Kane (CH) 4:00 Excursion: Enchanted: Forest of Light at Descanso Gardens	5 9:00 Men's Club Board (BD) 11:00 Activities Committee (BR) 2:00 Arts Club (AC) 2:00 Foreign Film Friday (BR) The Quiet Girl 1h 35m Rated PG-13 4:00 Feline Friends (LSL) 4:30 Shabbat (CH) 	6 12:00 Wake Up Your Brain (CH) 2:00 Monthly Student Musician Showcase (CH)
Tuesday	8:30 Water Aerobics (Pool) 9:15 Hatha Yoga with Deirdre (CH) 10:00 Needle Crafters Club (AC) 10:15 Fit-Tastic with Dario (CH) 11:15 Zumba Gold (CH) 1:00 Poker (MCT) 1:00 Mexican Trains (MCT) 1:30 Hand and Foot Card Game (LR) 4:00 Conversational German (CI)		7 2:00 Sunday Movie (CH) POMS 1h 30m (Rated PG-13) 5:00 Vespers (CH) Reverend Matt Elam	8 Bonnie Baas' Abstract Art Exhibit Begins (MCT) 9:00 Men's Club Presentation (CH) 10:00 Literary Club (AC) 11:00 Astronomy Class (BR) 1:30 Resident Council (LR) 5:00-7:00 An Evening with Elvis (CH) 6:30 Art Trek (AC) 	9 No Women's Board Meeting Today 10:00 Techie Classes w/ Pat (BD) 10:00 Village Store Meeting (LR) 11:00 Live Virtual Tour Signup (AW) 11:00 Fifty and Better Series (BR) Monumental Work: Cultural Survival 1:30 Movie Club (BD) Date Change 2:00 Budget & Finance Committee (BR) 2:30 Care and Support Group (BD) 7:00 Westlake Music Academy: The Great American Songbook (CH)	10 No One-on-One Tech w/ Tracie Today 10:30 How Would You Like to Be Remembered Workshop (BD) 11:00 Bible Study (LR) 11:00 Fifty and Better Series (BR) Leonard Cohen, the Early Years Part 1 2:30 Opera Club Part 1 (BD) 7:00 Wednesday Night at the Movies (BR) Oppenheimer (Rated R) 3h	11 8:30 Excursion: Nixon Presidential Library & Museum 9:30 Current Events Club (LR) 9:30 Wood Crafting Class (AC) 11:00 Point of View (BR) 12:00 Beginning Spanish Class (BD) 2:00 Paul Lenderman (BR) The Beginning of Loss 4:45 MEAT Dinner (ADR)	12 10:00-1:00 Window Shoppe Sale (LR) 11:30 T.O. Library Presentation and Library Card Signup (BR) 12:30 Piano Serenade with Mark (MCT) 2:00 Town Hall (CH)
Wednesday	7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Mobility & Strengthening with Dario (CH) 11:15 Intro to Line Dancing (CH) 12:15 Duplicate Bridge (LR) 12:15 Balance I (CH) 1:00 Pan at the Poker Table (MCT) 1:00 Balance II (CH) 5:00 Solos Dining (MD)	14 2:00 Sunday Movie (CH) The Redeem Team 1h 38m (Rated TV-MA) 5:00 Vespers (CH) Reverend James Powell	15 Fitness Classes Outside in the Grotto Today 10:00 Literary Club (AC) 10:00 Whiffenpoofs Concert (CH) Pre-registration required, 3026 11:00 Health & Wellness Committee (LR) 2:00 Whiffenpoofs Concert (CH) Pre-registration required, 3026 	16 10-12:00 Excursion Signup (MCT) Date Change 10:00 Techie Classes w/ Pat (BD) 10:00 Safety & Security Committee (LR) 10:00 Life Celebration Committee (BR) 10:30 Food Forward Forum (GR) 2:00 Tudors to Stuarts Lecture Series (BR) 2:00 Red Cross Earthquake Preparedness (CH) 4:45 MEAT Dinner (ADR)	17 10:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00-12:00 Window Shoppe Donations (AC) 11:00 Bible Study (LR) 11:00 Fifty and Better Series (BR) Leonard Cohen, the Early Years Part 2 2:30 Opera Club Part 2 (BD) 2:30 Professors on Campus (CH) Today's Russia: Utopian Myths and Lost Illusions with Vlad Vaiman	18 9:30 Wood Crafting Class (AC) 11:00 Point of View (BR) 12:00 Beginning Spanish Class (BD) 1:00 Watercolor Art Class (AC) 3:00 End of Life Choices for Californians (CH) 4:45 Getting to Know You Dinner (ADR) 	19 Bonnie Baas' Abstract Art Exhibit Ends (MCT) 11:00 Grief Support Fellowship (BD) 1:00 Hearing Clinic (AC) 2:00 Excursion Club (BD) 2:00 Conejo Valley Movie History with Mike Malone (CH) 2:00 Library Committee (LR)	20 10:15 Excursion: Mullin Automotive Museum 12:00 Wake Up Your Brain (CH) 7:00-8:30 Selah Music Studio Piano Recital (CH)
Thursday	8:30 Water Aerobics (Pool) 9:00 Resident-Led Bocce Ball (BBC) 9:15 Meditation/Gentle Chair Yoga with Deirdre (CH) 10:15 Fit-Tastic with Dario (CH) 11:15 Ping Pong (CH) 1:00 Breathing-Centered Yoga Core (CH) 1:00 Poker (MCT) 1:00 Social Bridge (LR) 3:00 Scrabble (MCT)	21 2:00 Sunday Movie (CH) Always Be My Maybe 1h 42m (Rated PG-13) 5:00 Vespers (CH) Chaplain Paul Lenderman	22 Joanne Stellwagen's Watercolor/Collage Art Exhibit Begins (MCT) 9:00 Men's Club Presentation (CH) 10:00 Literary Club (AC) 11:00 Astronomy Class (BR) 6:30 Art Trek (AC)	23 10:00 Techie Classes w/ Pat (BD) 10:00 Building Representatives (LR) 11:00 Getting to Know Us (BBQ) 12:00 Live Virtual Tour (BR) 2:30 Care and Support Group (BD) 7:00 Westlake Music Academy: The Great American Songbook (CH)	24 10:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00-12:00 Window Shoppe Donations (AC) 11:00 Bible Study (LR) 1:00 Hospitality Committee (BR) 7:00 Wednesday Night at the Movies (BR) Maestro (Rated R) 2h 11m	25 9:30 Current Events Club (LR) 9:30 Wood Crafting Class (AC) 11:00 Excursion: The Lunch Bunch: Pho So 1 Vietnamese Restaurant 11:00 Point of View (BR) 12:00 Beginning Spanish Class (BD) 2:00 New West Symphony's Meet the Artist (CH) 3:30 Jewish Fellowship Group (BR) 7:00 Moorpark Symphony Orchestra's Mozart Chamber Concert (CH)	26 10:00-1:00 Window Shoppe Sale (LR) 2:00 Birthday Party with Cory Dixon (CH) 	27 12:00 Wake Up Your Brain (CH) 2:30 Celebration of Life (CH) 6:30 Excursion: New West Symphony (transportation only) 7:00-9:00 Selah Music Studio Piano Recital (CH)
Friday	7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 9:00-12:00 Open Art Studio (AC) 9:15 Zumba Gold (CH) 10:15 Mobility & Strengthening with Chris (CH) 11:15 Bocce Ball (BBC)	 28 2:00 Sunday Movie (CH) Bank of Dave 1h 47m (Rated PG-13) 5:00 Vespers (CH) Reverend Daryl Fisher-Ogden	29 10:00 Literary Club (AC) 3:00 Riverboat Dixie Jazz Band (CH) 	30 10:00 Techie Classes w/ Pat (BD) 7:00 Westlake Music Academy: The Great American Songbook (CH)	31 No Bible Study Today 10:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00-12:00 Window Shoppe Donations (AC) 11:00 Fifty and Better Series (BR) China, Russia, and America Part 1 2:30 Health and Wellness Seminar (CH) Arthritis	UVTO Locations		
Sat	8:15 Open Tennis (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Line Dancing (CH)							
M-F	11:00-1:00 Village Store, 3067 UVTO Salon By Appointment, 3033							
		AC	Arts and Crafts Room	CI	Channel Islands Lounge (GV 3rd Floor)	MCT	Mt. Clef Terrace	
		ADR	Avalon Dining Room	CR	Compass Rose	MD	Montecito Dining	
		AW	Activities Window	GR	Garden Room	RD	Reception Desk	
		BBC	Bocce Ball Court	GT	Grotto	SBL	Santa Barbara Lounge (MV 2nd Floor)	
		BBQ	Barbeque Area	GZ	Gazebo	SHR	Sherwood Lounge (LV 3rd Floor)	
		BD	Board Room	LR	Laguna Room	SRL	Santa Rosa Lounge (GV 2nd Floor)	
		BR	Balboa Room	LSL	Lakeside Lounge (LV 2nd Floor)	TC	Tennis Courts	
		CE	Clubhouse Entrance					
		CH	Catalina Hall					