

RETIRING 2023 COUNCIL MEMBERS

By Peggy

As 2023 ends, UVTO says, "Thanks and well done!" to the three retiring Resident Council members – Chair Jerry, Larry, and Don.

History first! Why just three? A while back, the Resident Association voted to change Council terms from two to three years. This year all nine terms equalized; three terms now end each year. Also noteworthy -- since the first Resident Council, appointed by the owners, met on November 5, 2007, 76 residents have served as Council members, 33 of them women. Thirty-eight still live at UVTO, eight at OakView!

Meeting together to review their experiences, the three men mentioned the challenges of COVID and the changes to the UVTO lifestyle which affected their responsibilities. Then they quickly moved on. Jerry and Don had recently become residents when they were elected and, as Council members they learned much about the structure of UVTO organizational life as liaison to the eight Standing Committees. Don particularly appreciated his liaison assignment as a broader learning opportunity. While Committee work before Council membership might have been helpful, the men's accomplishments are, nevertheless, significant.

2023 Resident Council Chair Jerry is pleased to have arranged the first campus visit by owner Ned Spieker, who participated in a program attended by many residents. It was also Jerry's pleasure to learn more about how UVTO's parent company, Continuing Life, functions – and to interact monthly with the Resident Council Chairs of the other five Continuing Life communities. All three expressed pleasure at the success of the Employee Appreciation Fund, which again exceeded the previous year's contributions. They agreed that review of Committee Procedures was a valuable project which went more quickly and smoothly than anticipated. In addition, the men were unanimous in voicing appreciation for Executive Director Dmitry Estrin and his enthusiastic support and encouragement of Council activities.

As they contemplate retirement from the Council, all plan to remain active. Larry has many irons in the fire: Window Shoppe, Village Store, Radio Drama Club, Rabbit Walk and Pickleball if they don't conflict; a number of woodworking projects when there is time. Don anticipates committee membership, wishing he had done it first – oh, well. Jerry expects to organize a new committee to facilitate residents' use of the Portal. Obviously, the good of the community in which they make their homes is important to these men. Thank you – Jerry, Don, and Larry – for all that you give to UVTO!



Resident Council

Representing Residents to Management



Village View



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<http://communityapps.com/>

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Trees of the Season

This year our UVTO library Christmas tree features an over 30-year collection of White House ornaments. These ornaments are yearly gifts to our resident **Susan** from her daughter, the personal aide during President Reagan's post-presidency years. The White House Historical Association is a private, nonpartisan organization established in 1961 by First Lady Jacqueline Kennedy. Its mission is to protect, preserve, and provide public access to the rich history of the White House. In 1981, First Lady Nancy Reagan worked with the White House Historical Association to design an official White House Christmas ornament, which became an annual tradition in the Reagan White House, and ever since. Each year, the official White House Christmas ornament sequentially honors a president or significant White House anniversary. Collecting and giving these unique and affordable ornaments has become a holiday tradition for families across the United States and abroad. Proceeds from the sale of these ornaments help preserve the American story for generations to come through educational efforts and ongoing acquisitions to ensure the doors of the "People's House" remain open for millions of Americans and visitors from around the world to experience firsthand the rich history of this iconic building. Descriptions of each ornament can be found in a basket on a shelf to the left of the tree.



Have you noticed the different bird themes on our Christmas tree trio in the Clubhouse? Birds are widely regarded as symbols of freedom and eternity due to their ability to soar into the skies. Bird symbolism tends to associate birds with infinite possibilities, renewal, eternity, and transition. What a wonderful way to describe moving forward into the New Year.



When facing the trio of trees, the tree on the left is our Cardinal Tree. Cardinals offer a bright spot of color in the winter. They are a symbol of hope and joy, particularly near the holiday season, and bring with them luck, abundance, unconditional love, loyalty, and devotion. A bird worthy of adorning one of our trees this holiday season!

The large tree in the middle of the trio is our Peacock Tree, symbolizing re-growth and rejuvenation, royalty, respect, honor, and integrity. Peacocks lose their stunning tail feathers in the spring. Their regrowth is finalized in December, just in time for holiday splendor!

Finally, our Partridge in a Pear Tree on the right, honors the first gift from my true love in The Twelve Days of Christmas. Partridges symbolize happiness, peace, and prosperity. Certainly, we wish these three blessings for each other in the New Year!

Weekly Activities		DECEMBER 2023 MONTHLY ACTIVITIES AND SPECIAL EVENTS						
Sun	Open Art Studio - All Day (AC) 2:00 Social Bridge (LR)	Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Monday	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 10:30 Mobility & Strengthening with Chris (CH) 12:15 Balance I (CH) 1:00 Balance II (CH)	UVTO Locations			Key		1 No Shabbat Today 9:00 Men's Club Board (BD) 11:00 Live Virtual Tour Signup (AW) 11:00 Activities Committee (BR) 2:00 Arts Club (AC) 2:00 Foreign Film Friday (BR) Joyeux Noel 1h 56m Rated PG-13 4:00 Feline Friends (LSL) 4:30 Advent Celebration and Dinner (CH)	2 12:00 Wake Up Your Brain (CH) 2:00 Holiday Chamber Music (CH) 
Tuesday	8:30 Water Aerobics (Pool) 9:15 Hatha Yoga with Deirdre (CH) 10:00 Needle Crafters Club (AC) 10:15 Fit-Tastic with Dario (CH) 11:15 Zumba Gold (CH) 1:00 Poker (MCT) 1:00 Mexican Trains (MCT) 1:30 Hand and Foot Card Game (LR) 4:00 Conversational German (CI)	AC Arts and Crafts Room ADR Avalon Dining Room AW Activities Window BBC Bocce Ball Court BBQ Barbeque Area BD Board Room BR Balboa Room CE Clubhouse Entrance CH Catalina Hall	CI Channel Islands Lounge (GV 3rd Floor) CR Compass Rose GR Garden Room GT Grotto GZ Gazebo LR Laguna Room LSL Lakeside Lounge (LV 2nd Floor)	MCT Mt. Clef Terrace MD Montecito Dining RD Reception Desk SBL Santa Barbara Lounge (MV 2nd Floor) SHR Sherwood Lounge (LV 3rd Floor) SRL Santa Rosa Lounge (GV 2nd Floor) TC Tennis Courts	Classes Clubs Committees Excursions Fitness/Wellness Games	Recurring Events Sign-up Required Special Events Spiritual UVTO Community		
Wednesday	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 9:00 Tai Chi with Kimiko (CH) No Window Shoppe in December 10:15 Mobility & Strengthening with Dario (CH) 11:15 Intro to Line Dancing (CH) 12:15 Duplicate Bridge (LR) 12:15 Balance I (CH) 1:00 Pan at the Poker Table (MCT) 1:00 Balance II (CH) 5:00 Solos Dining (MD)	3 11:00 The Jolly Squad Holiday Dance Performance (CH) 2:00 Sunday Movie (CH) The Elephant Whisperers 40m (Rated PG) 5:00 Vespers (CH) UVTO Resident Lanny Arrowsmith	4 10:00 Literary Club (AC) 1:30 Resident Council (LR) 2:00 Movie Musicals Class (BR): Fiddler on the Roof (part 2) 3h 21m (Rated G) 3:30 Village Singers Holiday Concert (CH) 6:30 Art Trek (AC) DATE CHANGE 	5 No Conversational German Today 10:00 Techie Classes w/ Pat (BD) 10:00 Food & Beverage Committee (LR) 11:30 Tech Talk w/ CLU Students (BR) Pre-registration required, 3026 1:30 Movie Club (BD) 2:00 Tudors to Stuarts Lecture Series (BR) 2:30-4:30 Employee Appreciation Fund Distribution Party (CH) 4:45 Getting to Know You Dinner (ADR) 7:00 W.M.A. Holiday Classics (CH)	6 10:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00 Improv Class with John (BR) 11:00 Bible Study (LR) 2:30 Photo Club Presentation (CH) 7:00 Wednesday Night at the Movies (BR) High Noon (Rated PG) 1h 25m	7 No Bird Watchers' Walk Today 11:00 Point of View (BR) 12:00 Beginning Spanish Class (BD) 1:00 Watercolor Art Class (AC) 3:00 Art Live! Holiday Performance (CH) 4:30 Menorah Lighting (BR) 7:30-9:00 Conejo Players Rehearsal (CH) 	8 12:30 Piano Serenade with Mark (MCT) 2:00 Town Hall (CH) 4:30 Shabbat and Menorah Lighting (CH) DATE CHANGE 	9 12:00 Wake Up Your Brain (CH) 2:00 Monthly Student Musician Showcase (CH) 4:30 Menorah Lighting (BR) 6:15 Excursion: Moorpark Symphony Orchestra's Holiday Concert 7:00-8:30 Broadway Scenes Review (CH)
Thursday	8:30 Water Aerobics (Pool) 9:00 Resident-Led Bocce Ball (BBC) 9:15 Meditation/Gentle Chair Yoga with Deirdre (CH) 10:15 Fit-Tastic with Dario (CH) 11:15 Ping Pong (CH) 1:00 Poker (MCT) 1:00 Social Bridge (LR) 3:00 Scrabble (MCT)	10 2:00 Sunday Movie (CH) A Tourist's Guide to Love 1h 36m (Rated PG) 4:30 Menorah Lighting (BR) 5:00 Vespers (CH) Chaplain Paul Lenderman	11 No Art Trek Class Today 9:00 Men's Club Presentation (CH) 10:00 Literary Club (AC) 11:00 Fifty and Better Series (BR) History and Origins of Christmas Part 1 2:00 Movie Musicals Class: White Christmas (BR) 2h 0m (Not Rated) 4:30 Chanukah Service and Dinner (CH)	12 Zumba Class Outside Today 10:00 Techie Classes w/ Pat (BD) 10:00 Village Store Meeting (LR) 12:00 U.N. Lecture with Arlene Tickner (CH) 12:30 Women's Board Meeting (BD) 2:00 Forever Young Singers Holiday Concert (CH) 2:00 Budget & Finance Committee (BR) 2:30 Care and Support Group (BD) 4:30 Menorah Lighting (BR)	13 No One-on-One Tech w/ Tracie Today 10:00 Improv Class with John (BR) 11:00 Bible Study (LR) 2:30 Professors on Campus (CH) Real Estate Investment Trusts: Yesterday, Today, and Tomorrow with Ran Lu-Andrews 4:30 Menorah Lighting (BR) 7:00 Wednesday Night at the Movies (BR) Best in Show (Rated PG-13) 1h 30m 7:00 W.M.A. Holiday Classics (CH)	14 9:00 Bird Watchers' Walk (See Flyer) DATE CHANGE 9:30 Current Events Club (LR) 11:00 Point of View (BR) 12:00 Beginning Spanish Class (BD) 2:00 Paul Lenderman (BR) Coping with the Holidays 3:00 Holiday Classic Guitar and Flute (CH) 4:30 Menorah Lighting (BR) 4:45 MEAT Dinner (ADR) 6:30 Excursion: Holiday Lights Tour	15 10-12:00 Excursion Signup (MCT) 10:00 New Year's Eve Party Signup (AW) 11:00 Grief Support Fellowship (BD) 11:00 Live Virtual Tour (BR) 1:00 Hearing Clinic (AC) 2:00 Excursion Club (BD) 3:00 Neil Dorval Trio (CH) 6:30 Excursion: Holiday Lights Tour 	16 12:00 Wake Up Your Brain (CH) 2:00 Agoura Hills Harmony Chorus Holiday Concert (CH)
Friday	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 9:00-12:00 Open Art Studio (AC) 9:15 Zumba Gold (CH) 10:15 Mobility & Strengthening with Chris (CH) 11:15 Bocce Ball (BBC)	17 2:00 Sunday Movie (CH) Nyad 2h 1m (Rated PG-13) 5:00 Vespers (CH) Reverend Dick Thompson 	18 10:00 Literary Club (AC) 11:00 Fifty and Better Series (BR) History and Origins of Christmas Part 2 11:00 Health & Wellness Committee (LR) 12:00-3:00 Holiday Home Tours (see flyer for locations) 2:00 Movie Musicals Class: Funny Face (BR) 1h 43m (Not Rated) 4:00 Los Robles Children's Choir (CH) 6:30 Art Trek (AC) DATE CHANGE 7:00 W.M.A. Holiday Classics (CH)	19 No Techie Classes w/ Pat Today 10:00 Safety & Security Committee (LR) 10:00 Life Celebration Committee (BR) 10:30 Food Forward Forum (GR) 2:00 Tudors to Stuarts Lecture Series (BR) 4:45 MEAT Dinner (ADR) 7:00 W.M.A. Holiday Classics (CH)	20 No Bible Study Today 10:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00 Improv Class with John (BR) 1:00 Fifty and Better Series (BR) Enhancing Resilience and Achieving Successful Aging 4:00 Becca Peyton and Students (CH) 7:00 Wednesday Night at the Movies (BR) Airplane! (Rated PG) 1h 28m	21 10:00 Wood Crafting Class Signup (AW) 11:00 Point of View (BR) 12:00 Beginning Spanish Class (BD) 1:00 Watercolor Art Class (AC) 2:00 Smart Cookies Holiday Show (CH) 4:45 Getting to Know You Dinner (ADR) 6:45 Excursion: An Irish Christmas Civic Arts Plaza 7:00 Notes4Notes Chamber Concert (CH)	22 10:00 Special Holiday Movie: A Christmas Story (BR) (Rated PG) 1h 34m 1:00-3:00 Victorian Carolers and Holiday Refreshments (MCT) 	23 No Tai Chi Today 12:00 Wake Up Your Brain (CH) 5:00 Project: Peace By Piece (CH)
Sat	8:15 Open Tennis (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Line Dancing (CH) No Window Shoppe Donations in Dec.	24 2:00 Sunday Movie (CH) The Christmas Chronicles 1h 45m (Rated PG) 5:00 Vespers (CH)	25 12:00-3:00 Christmas Piano with Neil Dorval (MCT) 	26 Activities Department Closed Today No Techie Classes w/ Pat Today No Building Representatives Today No Getting to Know Us Today 2:30 Care and Support Group (BD)	27 No Tai Chi Today No Bible Study Today 10:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00 Improv Class with John (BR) 1:00 Hospitality Committee (BR) 7:00 Wednesday Night at the Movies (BR) Barbie (Rated PG-13) 1h 54m	28 9:30 Current Events Club (LR) 11:00 Point of View (BR) 12:00 Beginning Spanish Class (BD) 3:30 Jewish Fellowship Group (BR) 6:00 Excursion: Wild Lights and Ocean Nights at the Moorpark College Zoo	29 2:00 Birthday Party with Joanna and David (CH) 	30 No Tai Chi Today 12:00 Wake Up Your Brain (CH) 
M-F	11:00-1:00 Village Store, 3067 UVTO Salon By Appointment, 3033	31 New Year's Eve Party 2:00-5:30 Casino (MCT) 6:30-9:00 Sinatra Tribute Band (CH) 						