

## Residents' Corner

### One Hundred Words

By E.G.

#### Let Them Wait

The young are just not up to it – getting old.

They lack so many qualities and experiences that would truly identify them as old people. Most – thankfully – are not that interested. But there are some who long for the serenity, peacefulness, and feeling of accomplishment of a job well done. Actually, they know relatively little about life, but why should they know more? They lack the actual time it takes to get old and the layers of life a person climbs through to truly become old.

They should be satisfied with their youth and let time do its noble work.



### Chicken Soup for a Senior Cat

By V.R.



It is hard to find a man who would make chicken soup for your cat – but I found one at UVTO. Rajah, the cat not the man, is a 13-year-old cat with a blockage in his esophagus. This blockage has placed itself over the years so that food cannot get by unless it is liquified. My male friend at UVTO is a good man, a compassionate man and a really good friend. He spent a good portion of an afternoon making chicken soup ... for my CAT. The cat loves it, even though his heritage is not of the middle eastern faith. And so the end of this tale is that the cat lives on and thrives. Thank you to the powers that be for chicken soup and the UV senior for his compassion.

## Village View Submissions

The Residents' Corner of the *Village View* is honored to support our community's poets and story tellers. Email your 2023 Residents' Corner submissions to Holly Butler, [ButlerH@UVTO.com](mailto:ButlerH@UVTO.com). We'd love to support you!



## 4th of July Around the Conejo Valley



### MOORPARK

#### 3<sup>rd</sup> of July Fireworks Extravaganza July 3, 4:00 p.m. – 9:30 p.m.

Celebrate Independence Day at Arroyo Vista Community Park (4550 Tierra Rejada Road, Moorpark). Enjoy a fun family event with festivities (games, food, entertainment) starting at 4:00 p.m. Tickets are \$8 in advance; \$10 at the gate. Onsite parking \$5 (advance purchase only). This is a grass seating event, so bring blankets or lawn chairs.

### THOUSAND OAKS / NEWBURY PARK

#### Pancake Breakfast: July 4, 8:00 a.m. – 12:00 p.m.

Pancakes, bacon or sausage links, coffee and juice. \$6 per person. Thousand Oaks Elks Lodge 158 N. Conejo School Road, Thousand Oaks.

#### Other 4<sup>th</sup> of July Events Around Town:

\$5 family Pancake Breakfast and Home Run Derby in the morning at Borchard Park (190 N Reino Road, Newbury Park), Concert in the Park at 5:00 p.m. at Conejo Community Park (1175 Hendrix Avenue, Thousand Oaks), and free swimming from noon to 4:00 p.m. at the Cal Lutheran pool.

#### 4<sup>th</sup> of July Fireworks Spectacular: July 4, starting at 5:00 p.m. Fireworks start at 9:00 p.m.

The Janss Marketplace once again will be hosting live music and family activities starting at 5:00 p.m. Wristbands are required to gain access to entertainment and activities on the rooftop of the parking garage. The fireworks are launched from

the hill behind the Hillcrest Center of the Arts. Best viewing will be at Janss Marketplace and The Oaks Mall parking lots. Fireworks start at 9:00 p.m. Patriotic music simulcast by KHAY 100.7.

### SIMI VALLEY

#### Reagan Presidential Library 4<sup>th</sup> of July Celebration: July 4, 10:00 a.m. - 3:00 p.m.

Featuring patriotic music, family entertainment, games, crafts and more.

#### The Star-Spangled Rock & Country Jam & Fireworks: July 4, gates open at 3:00 p.m. Fireworks start at 9:30 p.m.

The Kiwanis Club of Simi Valley presents this celebration at Rancho Santa Susana Community Park, 5005 E. Los Angeles Avenue. There will be music, food and craft vendors, beer and wine, shopping, and a free kids' fun zone. And of course, fireworks! Event is free of charge but VIP passes are available.

### WESTLAKE VILLAGE

#### The WLV 4<sup>th</sup> of July Parade and Party in the Park: July 4, starts at 9:30 a.m.

Parade starts at the corner of Lakeview Canyon and Agoura Roads, culminating at Berniece Bennett Park.

#### 7<sup>th</sup> Annual Fireworks Spectacular Show: July 4, 5:00 p.m. - 9:45 p.m.

Shown from the Westlake Village Golf Course, with additional viewing locations available. Activities begin at 5:00 p.m., including family-friendly activities, music, and food trucks. The fireworks show will start around 9:00 p.m.

# Weekly Activities

# JULY 2023 MONTHLY ACTIVITIES AND SPECIAL EVENTS

	Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat																												
<b>Sun</b>	Open Art Studio - All Day (AC) 2:00 Social Bridge (LR)	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <h3>UVTO Locations</h3> <table border="0"> <tr> <td>AC Arts and Crafts Room</td> <td>CE Clubhouse Entrance</td> <td>GZ Gazebo</td> <td>SBL Santa Barbara Lounge (MV 2nd Floor)</td> </tr> <tr> <td>ADR Avalon Dining Room</td> <td>CH Catalina Hall</td> <td>LR Laguna Room</td> <td>SHR Sherwood Lounge (LV 3rd Floor)</td> </tr> <tr> <td>AW Activities Window</td> <td>CI Channel Islands Lounge (GV 3rd Floor)</td> <td>LSL Lakeside Lounge (LV 2nd Floor)</td> <td>SRL Santa Rosa Lounge (GV 2nd Floor)</td> </tr> <tr> <td>BBC Bocce Ball Court</td> <td>CR Compass Rose</td> <td>MCT Mt. Clef Terrace</td> <td>TC Tennis Courts</td> </tr> <tr> <td>BBQ Barbeque Area</td> <td>GR Garden Room</td> <td>MD Montecito Dining</td> <td></td> </tr> <tr> <td>BD Board Room</td> <td>GT Grotto</td> <td>RD Reception Desk</td> <td></td> </tr> <tr> <td>BR Balboa Room</td> <td></td> <td></td> <td></td> </tr> </table> </div> <div style="width: 45%;"> <h3>Key</h3> <p>Classes Clubs Committees Excursions Fitness/Wellness Games</p> <p>Recurring Events Sign-up Required Special Events Spiritual UVTO Community</p> <p>The monthly calendar is subject to change. Check the Portal or the weekly Update for the most current events.</p> </div> </div>						AC Arts and Crafts Room	CE Clubhouse Entrance	GZ Gazebo	SBL Santa Barbara Lounge (MV 2nd Floor)	ADR Avalon Dining Room	CH Catalina Hall	LR Laguna Room	SHR Sherwood Lounge (LV 3rd Floor)	AW Activities Window	CI Channel Islands Lounge (GV 3rd Floor)	LSL Lakeside Lounge (LV 2nd Floor)	SRL Santa Rosa Lounge (GV 2nd Floor)	BBC Bocce Ball Court	CR Compass Rose	MCT Mt. Clef Terrace	TC Tennis Courts	BBQ Barbeque Area	GR Garden Room	MD Montecito Dining		BD Board Room	GT Grotto	RD Reception Desk		BR Balboa Room			
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<b>Monday</b>	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 10:30 Mobility & Strengthening with Chris (CH) 12:15 Balance I (CH) 1:00 Balance II (CH)	1	11:30 Wake Up Your Brain (BR)																																
<b>Tuesday</b>	8:30 Water Aerobics (Pool) 9:15 Hatha Yoga with Deirdre (CH) 10:00 Needle Crafters Club (AC) 10:15 Fit-Tastic with Dario (CH) 11:15 Zumba Gold (CH) 1:00 Poker (MCT) 1:30 Hand and Foot Card Game (LR) 1:30 Mexican Trains (MCT)	2	1:45 Excursion: L.A. Symphonic Winds 2:00 Sunday Movie (CH) Sweet Liberty 1h 46m (Rated PG) 5:00 Vespers (CH) Glenn Johnson, UVTO Resident	3	No Fitness Classes Today 10:00 Resident Play Workshop Sign-Up (AW) 10:00 Literary Club Movie (BR) LOCATION CHANGE 2:00 A History of European Art Lecture Series (BR) 3:00 Evolution of the Revolution with Arnie Heyman (CH) 6:30 Clarinet Concerto Night (CH)	4	No Fitness Classes Today 11:00-3:00 Special BBQ Buffet (ADR) 12:00-3:00 Patriotic Piano and Sing-Along with Neil Dorval (MCT) 	5	9:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00 Cookie Decorating Sign-Up (AW) 11:00 Bible Study (LR) 12:30 Medieval England Lecture Series (BR) DATE/TIME CHANGE 2:30 Photo Club Presentation (CH)	6	9:30 Wood Crafting Class (AC) 10:00 Food & Beverage Comm. (BR) DATE CHANGE 10:30 Excursion: Bird Museum 11:00 Point of View (BR) 1:00 Watercolor Art Class (AC) 1:30-3:00 Ice Cream Social (GZ) 2:00 Jazz Pianist Tim Martersteck (CH)	7	9:00 Men's Club Board (BD) 11:00 Activities Committee (BR) 2:00 Arts Club (AC) 2:00 Foreign Film Friday (BR) Lunana: A Yak in the Classroom 1h 49m Not Rated 4:00 Feline Friends (LSL) 5:00-7:00 Set of Nines Classic Rock (CH)	8	11:30 Wake Up Your Brain (BR) 2:00 Monthly Student Musician Showcase (CH)																				
<b>Wednesday</b>	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Mobility & Strengthening with Dario (CH) 11:15 Intro to Line Dancing (CH) 12:15 Duplicate Bridge (LR) 12:15 Balance I (CH) 1:00 Pan at the Poker Table (MCT) 1:00 Balance II (CH)	9	2:00 Sunday Movie (CH) Leave No Trace 1h 48m (Rated R) 5:00 Vespers (CH) Rev. Erik Goehner	10	No Literary Club Today 9:00 Men's Club Presentation (CH) 1:30 Resident Council (LR) 2:00 Movie Musicals Class: The Gay Divorcee (BR) 1h 47m (Not Rated) 6:30 Art Trek (AC) 	11	No Women's Club Board Meeting Today 10:00 Village Store Meeting (LR) 12:00 Beeyond Virtual Tour Sign-Up (AW) 1:30 Movie Club (BD) DATE CHANGE 1:30 Laundry Tour (OakView EVS) Pre-registration required, 3085 2:00 Budget & Finance Committee (BR) 2:30 Care and Support Group (BD) 3:00 Doggy Party (Waggin' Tails Dog Park) 4:00 Conversational German (CI)	12	No Bible Study Today 9:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 11:00 Fifty and Better Series (BR) Hidden History of Hollywood West 2:00 Kitchen Tour (Host Stand) Pre-registration required, 3050 7:00 Wednesday Night at the Movies (BR) The Lion in Winter (Rated PG) 2h 15m	13	8:00 Bird Watchers' Walk (See Flyer) DATE/TIME CHANGE 8:00 Excursion: Whale Watching 9:30 Wood Crafting Class (AC) 9:30 Current Events Club (LR) 10:00 Ballroom w/ Wilfred Sign-Up (AW) 11:00 Point of View (BR) 2:00 Paul Lenderman (BR) Anger in Loss 3:00 Violinist Atilla Sautov (CH) 4:45 M.E.A.T Dinner (ADR) 	14	10:30 Fifty and Better Series (BR) Lions and Tigers and Bears, Oh My! (Rescheduled from June 26) 12:30 Piano Serenade with Mark (MCT) 1:30 Pre-Town Hall Performance by Lacy Fredo: Oldies but Goodies (CH) 2:00 Town Hall (CH) 4:30 Shabbat (CH) DATE CHANGE 7:30 Clarinet Extravaganza (CH)	15	11:30 Wake Up Your Brain (BR)																				
<b>Thursday</b>	8:30 Water Aerobics (Pool) 9:00 Resident-Led Bocce Ball (BBC) 9:15 Meditation/Gentle Chair Yoga with Deirdre (CH) 10:15 Fit-Tastic with Dario (CH) 11:15 Ping Pong (CH) 1:00 Poker (MCT) 1:00 Social Bridge (LR) 3:00 Scrabble (MCT)	16	11:00 Play Workshop (AC) 1:15 Excursion: Cinderella Civic Arts Plaza 2:00 Sunday Movie (CH) Amazing Grace 1h 51m (Rated PG) 5:00 Vespers (CH) Chap. Paul Lenderman	17	10-12:00 Excursion Sign-Up (MCT) 10:00 Literary Club (AC) 11:00 Health & Wellness Committee (LR) 12:30 Play Workshop with Jenna (AC) 2:00 A History of European Art Series (BR) 5:00-7:00 Conejo Players Rehearsal (CH)	18	10:00 Safety & Security Committee (LR) 10:00 Life Celebration Committee (BR) 12:30 Play Workshop with Jenna (AC) 2:00 Resident Play: Love, Loss, and What I Wore (CH) 2:00 Medieval England Lecture Series (BR) 4:00 Conversational German (CI) 4:45 M.E.A.T Dinner (ADR) 5:00-7:00 Conejo Players Rehearsal (CH)	19	No Bible Study Today 9:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 10:00 Improv Class Sign-Up (AW) 2:00 Cookie Decorating Workshop (AC) Pre-registration required, 3026 2:30 Professors on Campus (CH) Demystifying DNA with Bob Stellwagen 5:00-7:00 Conejo Players Rehearsal (CH)	20	9:30 Wood Crafting Class (AC) Pre-registration required, 3026 11:00 Point of View (BR) 1:00 Watercolor Art Class (AC) 1:30-3:00 Ice Cream Social (GZ) 2:00 Music Therapy - Debbie Sipos (CH) 4:45 Getting to Know You Dinner (ADR) 5:00-7:00 Conejo Players Rehearsal (CH)	21	11:00 Great Decisions Group A (BR) 11:00 Grief Support Fellowship (BD) 1:00 Great Decisions Group B (BR) 1:00 Hearing Clinic (AC) 2:00 Excursion Club (BD) 2:00 Library Committee (LR)	22	11:30 Wake Up Your Brain (BR) 																				
<b>Friday</b>	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 9:00-12:00 Open Art Studio (AC) 9:15 Zumba Gold (CH) 10:15 Mobility & Strengthening with Chris (CH) 11:15 Bocce Ball (BBC)	23	2:00 Sunday Movie (CH) Old Man and the Gun 1h 33m (Rated PG-13) 5:00 Vespers (CH) Rev. Dr. Tim Delkeskamp	24	9:00 Men's Club Presentation (CH) 10:00 Literary Club (AC) 2:00 Movie Musicals Class: Gentlemen Prefer Blondes (BR) 1h 31m (Not Rated) 6:30 Art Trek (AC)	25	10:00 Building Representatives (LR) 11:00 Getting to Know Us (BBQ) 12:00 Beeyond Virtual Tour (BR) Pre-registration required, 3026 2:30 Care and Support Group (BD) 3:00 Comedian Bobby Tessel (CH) 4:00 Conversational German (CI)	26	No Bible Study Today 9:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 1:00 Hospitality Committee (BR) 3:00 Health and Wellness Seminar (CH) Stroke Prevention 7:00 Wednesday Night at the Movies (BR) Scent of a Woman (Rated R) 2h 37m	27	9:30 Wood Crafting Class (AC) Pre-registration required, 3026 9:30 Current Events Club (LR) 11:00 Point of View (BR) 2:00-3:00 Ballroom Dance Lesson with Wilfred (CH) 3:00-4:00 Ballroom Dancing (CH) 3:30 Jewish Leadership Council (BR)	28	7:00 Oakbrook Fitness Hike (RD) 12:30 Piano Serenade with Mark (MCT) 2:00 Birthday Party with David Adelstein (CH) 7:15 Excursion: The Kingsmen Shakespeare Festival: King Lear - CLU Kingsmen Park 	29	11:00 Window Shoppe Donations Resume (AC) 11:30 Wake Up Your Brain (BR)																				
<b>Sat</b>	8:30 Open Tennis (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Line Dancing (CH)	30	2:00 Sunday Movie (CH) As Good As It Gets 2h 18m (Rated PG-13) 5:00 Vespers (CH) Associate Pastor Daryl Fisher-Ogden	31	10:00 Literary Club (AC) 11:00 Fifty and Better Series (BR) Hollywood's Golden Age 2:30 Eddy Goldfarb - It's Going to be a Big Day (CH) 																														
<b>M-F</b>	11:00-1:00 Village Store, 3067 UVTO Salon By Appointment, 3033																																		