Hungry in February? Check Out these National Days!

February 1

- National Baked Alaska Day
- National Dark Chocolate Day

February 2

- National Heavenly Hash Day
- National Tater Tot Day

February 3

- National Carrot Cake Day
- **Bubble Gum Day**

February 4

- National Homemade Soup Day
- Ice Cream for Breakfast Day

February 5

World Nutella Day

February 6

National Frozen Yogurt Day

February 7

National Fettuccine Alfredo Day

February 9

- National Bagel and Lox Day
- National Pizza Day

February 10

National Cream Cheese Brownie Day

February 11

National Peppermint Patty Day

February 12

- National Plum Pudding Day
- National Pork Rind Day

February 13

- National Cheddar Day
- National Tortellini Day

February 14

National Cream-Filled Chocolates Day

February 15

National Gumdrop Day

February 16

National Almond Day

February 17

National Cabbage Day

February 18

- National Crab Stuffed Flounder Day
- National Drink Wine Day

February 19

National Chocolate Mint Day

February 20

- National Cherry Pie Day
- National Muffin Day

February 21

- National Grain-Free Day
- National Sticky Bun Day

February 22

- National Cook a Sweet Potato Day
- National Margarita Day

February 23

- National Banana Bread Day
- National Chili Day
- National Toast Day

February 24

- National Tortilla Chip Day
- Tartar Sauce Day

February 25

- National Chocolate Covered Nut Day
- National Clam Chowder Day

February 26

National Pistachio Day

February 27

National Strawberry Day

February 28

National Chocolate Soufflé Day

















Thousand Oaks, CA 91360 http://communityapps.com/ Volume 17 Issue 2 February 2023

Resident Government at University Village

We who live at University Village Thousand Oaks participate in self-government with zest and enthusiasm, through Resident Council and eight standing committees. These groups are established in the Resident Association Bylaws and reconstituted each January following elections and appointments at the end of the previous year. Their effectiveness depends, in large part, on various opportunities for interaction with UVTO's management and owners.



The one elected body is Resident Council, with nine members selected at large working communication with our Executive Director. Residents' voices are welcome, so attend, listen and speak up. Please communication with our Executive Director. attend, listen and speak up. Please communicate with the 2023 Chairperson if you have an agenda item.

A second representative group is Building Representatives, convened by the Resident Council Vice Chair. Nineteen members represent each floor of the four "View" buildings (12), the Garden Terraces (3) and the Villas (4). Each Representative has an Alternate; all may participate in the monthly meetings, interacting with Plant Operations, Housekeeping (EVS), and Safety Directors, as well as the Executive Director.

Eight standing committees address a wide variety of resident interests, needs and experiences: Activities, Bereavement, Budget and Finance, Food and Beverage, Health and Wellness, Hospitality, Library, Safety and Security. Committee members serve for three year terms, most meet monthly, and the committees select new members to fill openings at the beginning of each year and as vacancies occur during the year. Residents are welcome to observe; as a courtesy, those with a matter to bring to a committee should contact the Chair in advance.

Communication connected to resident government (and more!) happens in many ways.

Resident Association meetings provide opportunities to interact with UVTO owners and the Trustee, and to hear from candidates seeking election to the Council. Each Resident Council member provides two-way liaison with a committee. UVTO Directors work with appropriate committees, usually attending the meetings and helping facilitate follow-up as needed. Town Hall meetings are held monthly to keep residents informed on

current matters. So, offer your leadership skills – and, above all, participate!

Weekly Activities FEBRUARY 2023 MONTHLY ACTIVITIES AND SPECIAL EVENTS								
Sun	Open Art Studio - All Day (AC) 2:00 Social Bridge (LR)	Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
n Monday	7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 10:30 Mobility & Strengthening with Chris (CH) 12:15 Balance I (CH) 1:00 Balance II (CH)	The monthly calendar is subject to change. Check the Portal or the weekly Update for the most current events. Classes Clubs Committees Excursions Fitness/Wellness		Recurring Events Sign-up Required Special Events Spiritual UVTO Community	Valentine's Day Dance Sign-Up Begins (AW) 9:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 11:00 Bible Study (LR) 11:30 Origami Memory Gymnastics (BR) Pre-registration required, 3026 2:30 Photo Club Presentation (CH)	9:00 Bird Watchers' Walk (See Flyer) 9:30 Wood Crafting Class (AC) Pre-registration required, 3026 1:00 Watercolor Art Class (AC) Pre-registration required, 3026 3:00 Point of View (BD)	Improv Workshop Sign-Up Begins (AW) 9:00 Men's Club Board (BD) 11:00 Activities Comm. (BR) 11:00 Grief Support Fellowship (BD) 2:00 Foreign Film Friday (BR) Breathless 1h 30m Not Rated 2:00 CLU Student Tech Help (LR) 2:00 Arts Club (AC) 4:00 Feline Friends Movie (BR)	11:30 Wake Up Your Brain (BR) 1:15 Excursion: "Don't Drink the Water" - Conejo Players Theatre 2:00 Biggest Little Farm Presentation (CH)
Tuesday	9:15 Hatha Yoga with Deirdre (CH) 10:00 Needle Crafters Club (AC) 10:15 Fit-Tastic with Dario (CH) 11:15 Zumba Gold (CH) 1:00 Poker (MCT) 1:30 Hand and Foot Card Game (LR)	5 2:00 Sunday Movie (CH)	Games 6 10:00 Literary Club Movie (BR)	7 10:00 Food & Beverage Committee (LR)	9:00 One-on-One Tech w/ Tracie (BD)	9:30 Current Events Club (LR)	LOCATION CHANGE 4:30 Shabbat (CH) 10 11:00 Astronomy Lecture Series (BR)	11 11:30 Wake Up
y Wednesday	1:30 Mexican Trains (MCT) 7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 9:00 Tai Chi with Kimiko (CH) 10:00-12:00 Window Shoppe (AC)	Walk the Line 2h 16m (Rated PG-13) 5:00 Vespers (CH) Rev. Jonathan LaBarge, River of the Valley Presbyterian Church	LOCATION CHANGE 1:30 Resident Council (LR) 2:00 A History of European Art Lecture Series (BR) 3:30 Village Singers Rehearsal Returns (CH) 6:30 Art Trek (AC) DATE CHANGE	1:30 Movie Club (AC) 1:30 Laundry Tour (OakView EVS) Pre-registration required, 3085 2:00 American Civil War Lecture Series (BR) 4:45 Getting to Know You Dinner (ADR)	Pre-registration required, 3026 11:00 Bible Study (LR) 2:00 Kitchen Tour (Host Stand) Pre-registration required, 3050 2:30 Opera Club Part 1 (BR) 7:00 Wednesday Night at the Movies (BR) The Banshees of Inisherin (R) 1h 48m	9:30 Wood Crafting Class (AC) Pre-registration required, 3026 10:45 Excursion: Fire Station #30 Tour 2:00 Paul Lenderman (BR) "The Heart of Loss" 4:45 M.E.A.T Dinner (ADR)	12:30 Piano Serenade with Mark (MCT) 2:00 Town Hall (CH) Town Hall Meeting	Your Brain (BR) 2:00 Monthly Student Musician Showcase (CH)
	10:15 Mobility & Strengthening with Dario (CH) 11:15 Intro to Line Dancing (CH) 12:15 Duplicate Bridge (LR) 12:15 Balance I (CH) 1:00 Pan at the Poker Table (MCT) 1:00 Balance II (CH)	No Sunday Movie Today No Vespers Today Super Bowl Party (CH) 2-3:15 Football Pool 2:45 Snacks & Pregame 3:30 Game Kick-off	Juliette Chayet Cole's Art Display Begins (MCT) No Literary Club Today No Art Trek Today 9:00 Men's Club Presentation (CH) 2:00 Film Class: I Confess (BR) 1h 35m 3:30 Village Singers Rehearsal (CH)	Beeyonder Virtual Tour Sign-Up Begins (AW) 10:00 Village Store Meeting (LR) 12:30 Women's Club Board (BD) 2:00 Budget & Finance Committee (BR) 2:30 Care and Support Group (BD) 4:00-7:00 Valentine's Day Pianist	9:00 One-on-One Tech w/ Tracie (BD) 10:00 Excursion Sign-Up Begins (MCT) 11:00 Bible Study (LR) 11:30 Origami Memory Gymnastics (BR) 2:30 Opera Club Part 2 (BR) 2:30 Professors on Campus (CH)	9:30 Wood Crafting Class (AC) Pre-registration required, 3026 11:15 Excursion: Thousand Oaks Library Tour 1:00 Watercolor Art Class (AC) Pre-registration required, 3026 3:00 Point of View (BD)	7:00 Fitness Hike (RD) Pre-registration required, 3035 11:00 Great Decisions Group A (BR) 11:00 Grief Support Fellowship (BD) 1:00 Great Decisions Group B (BR) 1:00 Hearing Clinic (AC)	18 11:30 Wake Up Your Brain (BR) 1:00 Improv Workshop with Jenna (CH) 3:00 Resident Improv
Thursday	8:30 Water Aerobics (Pool) 9:15 Meditation/Gentle Chair Yoga with Deirdre (CH) 10:15 Fit-Tastic with Dario (CH)	SUPER BOWL		Neil Dorval (MCT) 6:00-9:00 Valentine's Day Dance The Eric Ekstrand Trio (CH)	The Cloud - How Much Influence It Has on Our Daily Lives with Dr. Earle Charles 7:00 Wednesday Night at the Movies (BR) Triangle of Sadness (R) 2h 25m	4:45 Getting to Know You Dinner (ADR)	N. T. X	Show (CH)
	11:15 Ping Pong (CH) 1:00 Poker (MCT) 1:00 Social Bridge (LR) 3:00 Scrabble (MCT)	19 10:30 T.O. Philharmonic Masterclass (CH) 2:00 Sunday Movie (CH) Saving Mr. Banks	Balance I and II Classes Outside Today 10:00 Literary Club (AC) 11:00 Health & Wellness Committee (BR) LOCATION CHANGE	21 10:00 Safety & Security Committee (LR) 10:00 Bereavement Committee (BR) 2:00 Last American Civil War Lecture Series (BR)	A S H Wednesday 22 9:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 11:00 Bible Study (LR) 1:00 Hospitality Committee (BR)	9:30 Wood Crafting Class (AC) Pre-registration required, 3026 9:30 Current Events Club (LR) 10:00 Excursion: The Petersen	11:00 Astronomy Lecture Series (BR) 12:30 Piano Serenade with Mark (MCT) 2:00 Birthday Party with Steve & John (CH)	10:30 - Noon Vase Donation Day Supporting the EAF (CE)
Friday	7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 9:15 Zumba Gold (CH) 10:15 Mobility & Strengthening with Chris (CH)	2h 5m (Rated PG-13) 5:00 Vespers (CH) Chap. Paul Lenderman, Assisted Living Hospice Care	1:00 Presidents' Day Program (CH) 2:00 A History of European Art Lecture Series (BR) 3:30 Village Singers Rehearsal (CH)	2:00 Excursion Club (BD) 3:00 Mardi Gras Performance with the Riverboat Dixie Jazz Band (CH) 4:45 M.E.A.T Dinner (ADR)	2:30 Ash Wednesday Service (CH) 7:00 Wednesday Night at the Movies (BR) TAR (Not Rated) 1h 37m	Automotive Museum 3:30 Jewish Leadership Council (BR)	HAPP HAPP	11:30 Wake Up Your Brain (BR)
7	11:15 Bocce Ball (BBC)	26 2:00 Sunday Movie (CH)	9:00 Men's Club Presentation (CH)	28 10:00 Building Representatives (LR)	You may opt-in to receive		Locations Channel Islands Room MCT Mt. Clef To	orraco
Sat	8:30 Open Tennis (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Line Dancing (CH) 11:00 Window Shoppe Donations (AC)	The Terminal 2h 8m (Rated PG-13) 5:00 Vespers (CH) Rev. Tom Stephen, Monte Vista Presbyterian Church	10:00 Literary Club (AC) 2:00 Film Class: The Trouble with Harry (BR) 1h 40m 3:30 Village Singers Rehearsal (CH) 6:30 Art Trek (AC)	11:00 Getting to Know Us (BBQ) 12:00 Beeyonder Virtual Tour (BR) Pre-registration required, 3026 2:30 Care and Support Group (BD) 3:00 Buffalo Soldiers Program in Honor	a full version of the Village View by calling 3026, or you may view it on the Portal. UVTO News >	ADR Avalon Dining Room AW Activities Window CR BBC Bocce Ball Court GR BBQ Barbeque Area GT BD Board Room GZ	(GV 3rd Floor) MD Montecito Compass Rose RD Reception Garden Room SBL Santa Bar Grotto (MV 2nd Floo Gazebo SHR Sherwood	Dining Desk bara Lounge or) H Lounge
M-F	11:00-1:00 Village Store, 3067 UVTO Salon By Appointment, 3033			of Black History Month (CH) BLACK HISTORY MONTH	Current Year Village View	BR Balboa Room LR CE Clubhouse Entrance LSL CH Catalina Hall	Laguna Room Lakeside Lounge (LV 2nd Floor) Lakeside Lounge (LV 2nd Floor) TC LV 3rd Floor (GV 2nd Floor) TC Tennis Co	ca Lounge or)