

Ray and Bonnie C.

UVTO Residents

A guest in Ray and Bonnie's living room first notices artifacts of Southwest Indian origin. Then clocks begin to chime. Obviously, this couple has some unique interests!

Ray grew up in the suburbs of Philadelphia, and received degrees from the University of Pennsylvania and a doctorate from the University of Chicago. A true academic, he was on the Faculty of Health Professions at Dalhousie University in Halifax, Nova Scotia for twenty-five years. Throughout his university career teaching Statistics and Computer Applications, he served on and chaired many leadership groups, including the University Senate and the University Financial Planning Committee.

Bonnie is originally from Montana, where she spent summers helping tend her goldminer grandfather's goats. She left this idyllic life to attend college, ultimately receiving an MSW from the University of Pennsylvania. Married to Ray, and with three children, Bonnie taught piano. When a daughter began playing the piano at school, she was asked, "Who is your teacher?" "My mom," she answered – and Bonnie was in demand. In Halifax, Bonnie returned to work at the Queen Elizabeth II Health Science Centre. With a research team, she worked with patients taking the first approved drug to treat dementia – Aricept – and with their families, leading education/support groups.

From Halifax, Ray and Bonnie retired to Prescott, Arizona. There Ray joined, and became Chair of, the Prescott Computer Society. He volunteered at the Smoki Museum, which focused on the history of the Southwest Native Americans – and was Chair of their docents. This interest, of course, explains the almost museum-like Smoki collection of pottery and weavings in their LakeView home. Bonnie volunteered at the Alzheimer's Association, developing an education and support program. At the Prescott Methodist Church, Ray and Bonnie sang in the choir and Ray chaired the Finance Committee.

At University Village, Bonnie assists the Care and Support group and is a Village Singer. Last year, articles on Covid began to appear in the Update, as Ray joined and (naturally) became Chair of the Health and Wellness Committee. To date there have been at least seven informative pages on pandemic health issues. Recently, they have joined the Vespers leadership team. Ray leads the hymns, offering a brief history of each selection's music and lyrics. Whether supporting the Alzheimer's community, chairing a committee, writing health-related articles, making music, or enjoying those mellow-chiming clocks -- multi-talented Ray and Bonnie are appreciated as gracious, giving Noteworthy Neighbors.



Village View



3415 Campus Drive
Thousand Oaks, CA 91360
<http://communityapps.com/>

Volume 16 Issue 12
December 2022

Birds of a Feather...

Have you noticed the different bird themes on our Christmas tree trio in the Clubhouse? Birds are widely regarded as symbols of freedom and eternity due to their ability to soar into the skies. Bird symbolism tends to associate birds with infinite possibilities, renewal, eternity, and transition. What a wonderful way to describe moving forward into the New Year.

When facing the trio of trees, the tree on the left is our Winter Cardinal Tree. Cardinals offer a bright spot of color in the winter. They are a symbol of hope and joy, particularly near the holiday season, and bring with them luck, abundance, unconditional love, loyalty, and devotion. A bird worthy of adorning one of our trees this holiday season!

The large tree in the middle of the trio is our Peacock Tree, symbolizing re-growth and rejuvenation, royalty, respect, honor, and integrity. Peacocks lose their stunning tail feathers in the spring. Their regrowth is finalized in December, just in time for holiday splendor!

Finally, our Partridge in a Pear Tree on the right, honors the first gift from my true love in *The Twelve Days of Christmas*. Partridges symbolize happiness, peace, and prosperity. Certainly, we wish these three blessings for each other in the New Year!



DECEMBER 2022 MONTHLY ACTIVITIES AND SPECIAL EVENTS

Sun	Open Art Studio - All Day (AC) 2:00 Social Bridge (LR)	Sun	Monday			Tuesday	Wednesday	Thursday	Friday	Sat
Monday	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 10:30 Mobility & Strengthening with Chris (CH) 12:15 Balance I (CH) 1:00 Balance II (CH)	UVTO Locations						1	2	3
Tuesday	8:30 Water Aerobics (Pool) 9:15 Hatha Yoga with Deirdre (CH) 10:00 Needle Crafters Club (AC) 10:15 Fit-Tastic with Dario (CH) 11:15 Cardio-Fit with Jeri (CH) 1:00 Poker (MCT) 1:30 Hand and Foot Card Game (LR) 1:30 Mexican Trains (MCT)	Key								
Wednesday	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 9:00 Tai Chi with Kimiko (CH) 10:00-12:00 Window Shoppe (AC) 10:15 Mobility & Strengthening with Jeri (CH) 11:15 Intro to Line Dancing (CH) 12:15 Duplicate Bridge (LR) 12:15 Balance I (CH) 1:00 Pan at the Poker Table (MCT) 1:00 Balance II (CH)	Classes Clubs Committees Excursions Fitness/Wellness Games						Recurring Events Sign-up Required Special Events Spiritual UVTO Community		
Thursday	8:30 Water Aerobics (Pool) 9:15 Meditation/Gentle Chair Yoga with Deirdre (CH) 10:15 Fit-Tastic with Dario (CH) 11:15 Cardio-Fit with Jeri (CH) 12:15 Ping Pong (CH) 1:00 Poker (MCT) 1:00 Social Bridge (LR) 3:00 Scrabble (MCT)	AC Arts and Crafts Room ADR Avalon Dining Room AW Activities Window BBC Bocce Ball Court BBQ Barbeque Area BD Board Room BR Balboa Room CE Clubhouse Entrance CH Catalina Hall						CI Channel Islands Room (GV 3rd Floor) CR Compass Rose GR Garden Room GT Grotto GZ Gazebo LR Laguna Room LSL Lakeside Lounge (LV 2nd Floor) MCT Mt. Clef Terrace MD Montecito Dining RD Reception Desk SBL Santa Barbara Lounge (MV 2nd Floor) SHR Sherwood Lounge (LV 3rd Floor) SRL Santa Rosa Lounge (GV 2nd Floor) TC Tennis Courts		
Friday	7:30 Rabbit Walk (RD) 8:00 Pickle Ball (TC) 9:15 Zumba Gold (CH) TIME CHANGE 10:15 Mobility & Strengthening with Chris (CH) 11:15 Bocce Ball (BBC)	2:00 Sunday Movie (CH) While You Were Sleeping 1h 43m (Rated PG) 5:00 Vespers (CH) A Celebration of Advent 5:15 Excursion: 16 th Annual Simi Community Christmas						10:00 Literary Club (AC) 10:00 Fifty and Better Series (BR) Rock's Amazing Journey Part 1 1:30 Resident Council (LR) 2:00 A History of European Art Lecture Series (BR) 3:00 Village Singers Rehearsal (CH) TIME CHANGE 5:15 Monday Night Football (BR) Saints at Buccaneers		
Sat	8:30 Open Tennis (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Line Dancing (CH) 11:00 Window Shoppe Donations (AC)	12:00 Kayla Bailey Holiday Chorus Recital (CH) 2:00 Sunday Movie (CH) The Christmas Choir 1h 24m (Rated TV-G) 5:00 Vespers (CH) Rev. Curtis Lowe, Chinese Christian Church						9:00 Men's Club Presentation (CH) 10:00 Literary Club (AC) 10:00 Fifty and Better Series (BR) Rock's Amazing Journey Part 2 2:00 Film Class: The Killers (BR) 1h 43m 3:30 Village Singers Holiday Concert (CH) 5:15 Monday Night Football (BR) Patriots at Cardinals 6:30 Art Trek (AC)		
M-F	11:00-1:00 Village Store, 3067 UVTO Salon By Appointment, 3033	1:45 Excursion: L.A. Symphonic Winds "Holiday Spectacular" 2:00 Sunday Movie (CH) The Christmas Card 1h 24m (Not Rated) 5:00 Vespers (CH) Rev. Paul Lenderman Assisted Living Hospice Care						10:00 Literary Club (AC) 11:00 Health & Wellness Committee (LR) 2:00 A History of European Art Lecture Series (BR) 4:30 Chanukah Service (CH) 6:00 Chanukah Dinner (CH) 5:15 Monday Night Football (BR) Rams at Packers 6:30 Art Trek (AC) DATE CHANGE		
Merry Christmas										
No Vespers Today 2:00 Sunday Movie (CH) The Christmas Candle 1h 40m (Rated PG)										
No Men's Club Presentation Today No Literary Club Today No Film Class Today No Monday Night Football Today No Art Trek Today										
No Building Reps. Meeting Today No Getting to Know Us Today 12:00 Beeyond Virtual Tour (BR) Pre-registration required, 3026 2:30 Care and Support Group (BD)										
No Window Shoppe Today No Opera Club Today 9:00 One-on-One Tech w/ Tracie (BD) Pre-registration required, 3026 11:00 Bible Study (LR) 1:00 Hospitality Committee (BR) 7:00 Wednesday Night at the Movies (BR) E.T. The Extra-Terrestrial (Rated PG) 1h 57m										
Laguna Room Closed Today Arts and Crafts Room Closed through 1/1/23										
New Year's Eve Party 2:00-5:30 (MCT) Casino Royale 6:00-9:00 (CH) The Aristicats										