

Resident to Resident

Penny Edson: A Resident Advocate in Ventura County

By Carol Keochekian

Penny Edson, a year-long resident of University Village, spent much of her adult life moving from one space location to another while her husband, an electrical engineer, worked to put humans into space.

A 1954 graduate of Colby College in Maine, Penny spent the years after completing college as a social worker in Boston. Her work included adoption and foster home placements. Following her marriage to William (Bill) Edson in 1956, the couple had two daughters, Gail and Julie. In 1961 the family moved from Massachusetts to California where Bill worked for the Autonetics Division of North American Aviation. It was in California where their son, Mark, was born.

The Edsons moved to the Kennedy Space Center in Cape Canaveral Florida in 1963 for the Apollo program. The family returned to California in 1970 as Rockwell was bidding on the Space Shuttle contract and settled in Orange County. Bill began commuting to Kennedy Space Center in the late 70's in preparation for the Space Shuttle launches. In 1980, as their daughters were students at UCLA and their son had graduated from high school and was preparing for college, Penny joined Bill in Florida. In 1984, Bill was asked by Lockheed to set up a Shuttle launch team at Vandenberg Air Force Base, and he and Penny moved to Solvang. Following the Challenger accident, Bill returned to Kennedy Space Center for the "Return to Flight" of the Space Shuttle. In 1990, Bill accepted a job with the Rocketdyne Division of Rockwell to work on the Space Station, and the couple moved to Newbury Park. Bill retired in 1996.

During the years of moving to and from Florida Penny was involved in her childrens' activities

including Girl Scouts and Little League and served as a softball scorekeeper. She was active in Church Women and volunteered for adult literacy in Florida. But once in Newbury Park, Penny volunteered for the Long-term Care Ombudsman Training Program in Ventura County and has served as a resident advocate for over 29 years.

Her duties include making sure residents are receiving quality care that meets their needs in the five facilities she oversees in Thousand Oaks. The facilities include one skilled nursing facility, one board and care home, and three assisted living residences. In reviewing the facilities, Penny looks at how clean the residents are kept, their activities, if they are well-dressed, and well cared for, and she also visits the kitchens to see if they are clean.

Because of COVID-19, Penny can no longer personally visit the facilities but contacts them by phone and Zoom. A state certified volunteer, Penny has on-going training in her field. Prior to the age of COVID, the ombudsmen met once a month for training and information. Now the group of 40-50 Ventura County ombudsmen meet weekly on Zoom. The volunteers are required to have many hours of training a month, and now that's done on Zoom as well.

Being an ombudsman volunteer is a responsible position and takes quite a lot of time and commitment. But Penny acquires enjoyment in the work and treasures the appreciation she hears from the residents in the various facilities she visits.



Village View

3415 Campus Drive
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University Village Staff News

Activities Department



Peaches Aguirre
Activities Assistant

The Activities Department is excited to welcome back part-time Activities Assistant, Peaches Aguirre! Most of you will remember Peaches, our Activities Assistant from November 2018 to June 2019. As you can see by her photo, Peaches left us for a great reason... she and her husband, Frank, welcomed their son, Julian, in July 2019! The transition from Peaches to Anne was seamless, and we know the transition from Anne back to Peaches will be smooth as well. Welcome back!

Environmental Services Department

With pleasure, we announce that Jennifer Ceja has accepted the Environmental Services Administration position. Jennifer joins us from the Food and Beverage department where she started as a server almost six years ago, and was ultimately promoted to a supervisor. Her purpose was to work for a company that holds strong values and that will allow her to grow professionally. We are certain that she will be a great asset to our Environmental Services team. Welcome Jennifer!



Jennifer Ceja
EVS Administrative
Assistant

Human Resources Department

The Humans Resources Department is excited to welcome Anne Watkins to their team as Human Resources Assistant! Anne has been a wonderful part of the Activities Department as the part-time Activities Assistant since June 2019, but is ready to move on to a full-time position. Although Activities is sad to see her go, we are thankful that she will remain a part of the UVTO family. Best wishes in your new position, Anne!



Anne Watkins
Human Resources
Assistant

Marketing Department



Joan Pappas
Residency Counselor

The Marketing Department is very proud to introduce Joan Pappas as our newest Residency Counselor. Joan comes to UVTO with a terrific professional background ranging from financial planning to serving in the retirement industry in both sales and operations. When Joan is not sitting down with clients, she is emersed in such philanthropic organizations as Rotary International and with her alma mater, Cal Lutheran University. "Buddy" is her beautiful Golden Retriever rescue. Welcome Joan!

Weekly Activities		APRIL 2021 MONTHLY ACTIVITIES AND SPECIAL EVENTS										
Sun	Open Art Studio—all day (AC) 2:00 Social Bridge (LR)	Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat				
Monday	7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Mobility & Strengthening (1390) 12:15 Balance I (CH) 1:00 Pinochle (LR) 1:00 Balance II (CH)	KEY Classes Clubs Committees Fitness/Wellness Games Recurring Events Sign-up Required Special Events Spiritual UVTO Community	UVTO Locations AC Arts and Crafts Room ADP Avalon Dining Patio ADR Avalon Dining Room BBC Bocce Ball Court BBQ Barbeque Area BD Board Room BR Balboa Room BWR Bordeaux Wine Room CH Catalina Hall CI Channel Islands Room (GV 3rd Floor) FC Fitness Center GR Garden Room LR Laguna Room LSL Lakeside Lounge (LV 2nd Floor) MCT Mt. Clef Terrace MDR Montecito Dining Room RD Reception Desk SBL Santa Barbara Lounge (MV 2nd Floor) SHR Sherwood Lounge (LV 3rd Floor) SRL Santa Rosa Lounge (GV 2nd Floor) TC Tennis Courts WDR Westlake Dining Room			1 Wood Crafting Class Display Begins (MCT) 9:30 Wood Crafting Class (AC) Pre-registration required, 3026 10:00 Point of View (BR) Contact: Eve Loeb, 3374 1:00 Watercolor Art Class (AC) Pre-registration required, 2924 2:30 Health & Wellness Seminar “COVID-19 Facts & Fiction” (1390/CH) RSVP: Fitness, 3302	2 11:00 Activities Comm. (BR) Contact: Jerry Lewi, 2918 1:00 Poker Class (MCT) RSVP: 3026 1:00 Mindful Meditation (Zoom) 1:45 Friday Afternoon Piano with Mark (MCT) 3:00 Celebrate International Guitar Month with Jesse Davis (1390/CH) Limit 25 4:30 Shabbat (Zoom) Contact: Elissa Lazarus, 2597	3 11:15 Line Dancing (CH) 11:30 Wake Up Your Brain (Zoom) ID: 676 735 6805				
Tuesday	10:00 Needle Crafters (AC) 10:15 Fit-Tastic Fitness (1390) 11:30 Hatha Yoga with Karen (CH) 1:00 Poker (MCT) 1:30 Chair-based Cardio-Fit (1390) 1:30 Hand and Foot Card Game (LR) 2:00 Mexican Trains (MCT) 2:00 Beginners French Class (BD) Limit 3 4:00 Advanced French Class (BD) Limit 3					4 11:00 & 2:30 Holiday Movie (1390) Easter Parade (1948, Not Rated) 5:00 Vespers with Reverend Charlie Maloney (1390/CH) Limit 25	5 10:00 Literary Club (Zoom) Contact: Marilyn Thomas, 3364 1:30 Resident Council (Zoom) Contact: Sandee Kane, 2957 3:00 Big History Lecture Series (BR) RSVP: 3026	6 No Movie Club Today 10:00 Food & Beverage Comm. (Zoom) Contact: Mario Metzger, 2924 2:00 Geological Wonders (BR) RSVP: Activities, 3026 5:00 Getting to Know You (GR) Contact: Ricki Glassman, 2962	7 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026 11:00 Bible Study (LR) Contact: Bill Witt, 2889	8 9:00 Men’s Current Events (LR) 9:30 Wood Crafting Class (AC) Pre-registration required, 3026 11:00 Art Club (BR) Contact: Bonnie Baas, 2850 3:00 Holocaust Remembrance (1390/CH) RSVP: Elissa Lazarus, 2597	9 11:00 Astronomy Lecture Series (BR) RSVP: Activities, 3026 1:00 Mindful Meditation (Zoom) 1:00 Poker Class (MCT) RSVP: 3026 2:30 Town Hall (1390)	10 10:15 Line Dancing (CH) Time Change 11:30 Wake Up Your Brain (Zoom) ID: 676 735 6805
Wednesday	7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 10:00-12:00 Window Shoppe (AC) 10:15 Mobility & Strengthening (1390) 12:15 Duplicate Bridge (LR) 12:15 Balance I (CH) 1:00 Pan at the Poker Table (MCT) 1:00 Pinochle (MCT) 1:00 Balance II (CH)					11 2:00 Sunday Movie (CH) A Beautiful Day in the Neighborhood (2019, Rated PG) Limit 25	12 10:00 Literary Club (BR) Contact: Marilyn Thomas, 3364 2:00 Film Class (BR) RSVP: Activities, 3026 6:30 Art Trek (AC) RSVP: Activities, 3026	13 11:00 Great Decisions Group 1 (BR) Pre-registration required, 3026 2:00 Budget & Finance Comm. (BR) Contact: Bill Love, 4773	14 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026 11:00 Bible Study (LR) Contact: Bill Witt, 2889 2:00 University @ UVTO (Zoom) Contact: Ethel Hafner, 4794 4:30 Generation Gap Barbershop Quartet (1390/CH) Limit 25	15 Art Club Resident Display Begins (MCT) Water Color Class Students 9:30 Wood Crafting Class (AC) Pre-registration required, 3026 10:00 Point of View (BR) Contact: Eve Loeb, 3374 1:00 Watercolor Art Class (AC) Pre-registration required, 2924	16 11:00 Great Decisions Group 2A (BR) Pre-registration required, 3026 1:00 Mindful Meditation (Zoom) 1:00 Poker Class (MCT) RSVP: 3026 1:00 Hearing Clinic (LR) Appointment Only. Contact: Acoustic Hearing, (805) 482-1104 1:00 Great Decisions Group 2 (BR) Pre-registration required, 3026 2:00 Spring Crafting Class Series (AC) Pre-registration required, 3026	17 10:15 Line Dancing (CH) Time Change 11:30 Wake Up Your Brain (Zoom) ID: 676 735 6805
Thursday	8:30 Open Tennis (TC) 9:15 Meditation/Chair-based Gentle Yoga with Deirdre (CH) 10:15 Fit-Tastic Fitness (1390) 12:30 Ping Pong (CH) 1:00 Poker (MCT) 1:30 Chair-based Cardio-Fit (1390) 2:00 Social Bridge (LR) 3:00 Scrabble (MCT)							20 No Women’s Board Meeting Today 10:00 Safety & Security Comm. (LR) 10:00 Bereavement Comm. (BR) 11:00 Getting to Know Us (BBQ) Contact: Ethel Hafner, 4794/ Hertha Hollander, 4771 2:00 Geological Wonders (BR) RSVP: Activities, 3026 2:00 Excursion Club (AC) Contact: Activities, 3026	21 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:00 Village Store Meeting (BR) 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026 11:00 Bible Study (LR) Contact: Bill Witt, 2889	22 9:00 Men’s Current Events (LR) 9:30 Wood Crafting Class (AC) Pre-registration required, 3026 2:30 Paul Lenderman “Common Lies in Uncommon Loss” (1390/CH) Limit 25 3:30 Jewish Leadership Council (BR) Contact: Elissa Lazarus, 2597 5:00 Getting to Know You (GR) Contact: Ricki Glassman, 2962	23 11:00 Astronomy Lecture Series (BR) RSVP: Activities, 3026 1:00 Mindful Meditation (Zoom) Contact: David Clark, 2916 1:00 Poker Class (MCT) RSVP: 3026 1:45 Friday Afternoon Piano with Mark (MCT) 2:00 Spring Crafting Class Series (AC) Pre-registration required, 3026	24 10:15 Line Dancing (CH) Time Change 11:30 Wake Up Your Brain (Zoom) ID: 676 735 6805
Friday	7:30 Rabbit Walk (RD) 8:30 Pickle Ball (TC) 10:15 Mobility & Strengthening (1390) 11:15 Bocce Ball (BBC)	18 2:00 Sunday Movie (CH) Ford v Ferrari (2019, Rated PG-13) Limit 25 5:00 Vespers with Chaplain Paul Lenderman (1390/CH) Limit 25	19 10:00 Literary Club (Zoom) Contact: Marilyn Thomas, 3364 11:00 Health & Wellness Comm. (Zoom) Contact: Linda Metzger, 2924 3:00 Big History (BR) RSVP: Activities, 3026	26 10:00 Literary Club (Zoom) Contact: Marilyn Thomas, 3364 2:00 Film Class (BR) RSVP: Activities, 3026 6:30 Art Trek (AC) RSVP: 3026	27 10:00 Building Reps. (Zoom) Contact: Sylvia Lodato, 3328	28 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026 11:00 Bible Study (LR) Contact: Bill Witt, 2889 1:00 Hospitality Comm. (Zoom) Contact: Maggie Kildee, 2595 2:00 Operatic Travelogue (Zoom/BR) Meeting ID: 923 8083 6152 Passcode: 646480	29 9:30 Wood Crafting Class (AC) Pre-registration required, 3026	30 11:30 Birthday Party with Becca Peyton (1390/CH) Limit 25 Time Change 1:00 Poker Class (MCT) RSVP: 3026 1:00 Mindful Meditation (Zoom) 2:00 Spring Crafting Class Series (AC) Pre-registration required, 3026				
Sat	8:30 Open Tennis (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Mobility & Strengthening (1390) (Pre-recorded) 11:00-12:30 Window Shoppe Donations (AC) Contact: Donna Keister, 2003	25 2:00 Sunday Movie (CH) Brian Banks (2019, Rated PG-13) Limit 25	The monthly calendar is subject to change. Check the Portal or the weekly Update for the most current events.									